

EPCOR's Life Saving Rules

Assess all ground disturbance hazards



Whenever the ground will be disturbed, you need to:

- Locate and/or expose known underground services.
- Properly protect workers when excavation occurs.
- Enter an excavation only with authorization and protection

Protect yourself when working at heights



When working at heights where fall protection is required:

- Use approved fall protection measures.

Do not violate limits of approach rules



While working in the vicinity of live electricity (such as lines, substations or cubicles):

- Maintain your prescribed limits of approach (includes personnel, tools and mobile equipment.

Obtain proper authorization to enter a confined space



When working in and around confined spaces:

- Obtain a confined space permit and meet all other requirements, such as standby watch and air testing.

Isolate hazardous energy sources



While working with all installations, machines and equipment that have a potential to store and release hazardous energy:

- Isolate – and verify the isolation of – hazardous energy before beginning work

Do not work or walk under suspended loads; follow prescribed lift plans



When rigging, hoisting and lifting loads:

- Ensure the lift plan is in place to describe how to lift and hoist safely (routine lifts require general lift plans; non-routine lifts such as complex and heavy lifts require a specific plan).
- Do not work or walk immediately under a suspended load. The only exception is if there is no reasonably practicable alternative and the exception is signed off by a VP/director and communicated to the workers.

Do not work under the influence of alcohol or drugs



When engaged in any EPCOR business:

- Arrive and remain fit for duty (not working while under the influence of alcohol or drugs) as defined in the EPCOR Alcohol and Drug Standard

The Life Saving Rules Standard supports you by providing clear responsibilities and clarity on how to follow each of the seven rules. The standard applies to all employees, contractors and visitors on our sites, in Canada and the US.